

Enhance the Value and Extend the Learning of Tricia Molloy's “CRAVE Your Goals!” and “Work-Life Balance Wisdom” Programs



CRAVE On Circles and **Better Balance Circles** empower employees throughout the year to take action and support each other. As participants put the program strategies into practice, they will develop a more positive mindset and be more productive so they can achieve their goals and improve their work-life balance. These Circles help attract and retain ideal employees who appreciate your organization’s investment in their ongoing professional and personal development.

Here's How These Circles Work:

- This is an annual commitment that may be renewed yearly by your organization.
- Your organization identifies two co-leads to decide how often to meet (monthly or every other week is recommended), when and where (in person, virtual or both).
- Each Circle consists of no more than 15 members to allow everyone to participate. Therefore, there may be multiple Circles within your organization and each Circle should have their own co-leads.
- The co-leads will invite participants to join their Circle, using the copy provided.
- A **Circle Facilitation Guide** will be provided with best practices and an agenda for the year, based on quarterly themes. Each month, the co-leads will receive a list of thought-provoking, conversation-starting questions and exercises/activities to implement the strategies and promote accountability.
- Tricia meets virtually with your co-leads each quarter to chart progress and plan for the next quarter.
- At one Circle meeting in the first and last quarters, Tricia participates in the Circle virtually to answer questions, join in the conversation and celebrate successes.
- There are two check-in phone meetings with the organization’s decision maker, halfway through the year and at the end of the year, to review feedback on the program’s success.
- Throughout the year, Tricia is available to all participants via email and to co-leads and the decision maker also via phone.
- All participants receive the *Working with Wisdom* ebook.

Investment:

\$2,000 per quarter, with an annual commitment.

○ Tricia@TriciaMolloy.com

○ 770.565.1231

○ www.TriciaMolloy.com